

STICKERS – ACTIVITIES – COLOURING

Ramadan and Fasting Activity Book



Prepared by:
Ayşenur Güneş

Illustrated by:
Ercan Polat







Digitized by the Internet Archive
in 2024

<https://archive.org/details/ramadanfastingac0000ayse>

Ramadan and Fasting Activity Book

First Published in English by
THE ISLAMIC FOUNDATION, 2016
3rd impression, 2017

Distributed by
KUBE PUBLISHING LTD
Tel +44 (01530) 249230, Fax +44 (01530) 249656
E-mail: info@kubepublishing.com
Website: www.kubepublishing.com

First published in Turkey by Nesil Çocuk, a Nesil Yayın Grubu imprint, 2013

This book is only an introduction to certain Islamic practices.
Some of the illustrations are designed to ensure children can
enjoy the activities, with ease, not to be instructive.
Please note that an asterisk * has been inserted in the text to indicate
where Muslims should say a blessing after mentioning the name of
the Prophet Muhammad* (peace and blessings be upon him).

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system,
or transmitted in any form or by any means, electronic, mechanical, photocopying, recording
or otherwise, without the prior permission of the copyright owner.

Text and illustrations © Nesil Çocuk 2013

Editor in Chief Ali Erdoğan
General Publishing Consultant Metin Karabaşoğlu
Editorial Coordinator Zeynep Ulviye Özkan
Publishing Consultant Ömer Faruk Paksu
Art Director Mesut Sarı
Editor Ayşenur Güneş
Cover and Page Design Esra Ölmez & Nasir Cadir
Translator Ceyda Birol

A Cataloguing-in-Publication Data record for this book is available from the British Library

ISBN 978-0-86037-615-6

Printed by Imak Ofset, Turkey

Let's Celebrate

Ramadan is a month in the Islamic calendar. Rajab and Shaban are the months before Ramadan. All three of them are special. The children are celebrating the start of Ramadan. Draw a smile on the children's faces.



I've traced over the dotted lines.



I've drawn eyes, a nose and a smile on the girl at the front and smiles on the other children.



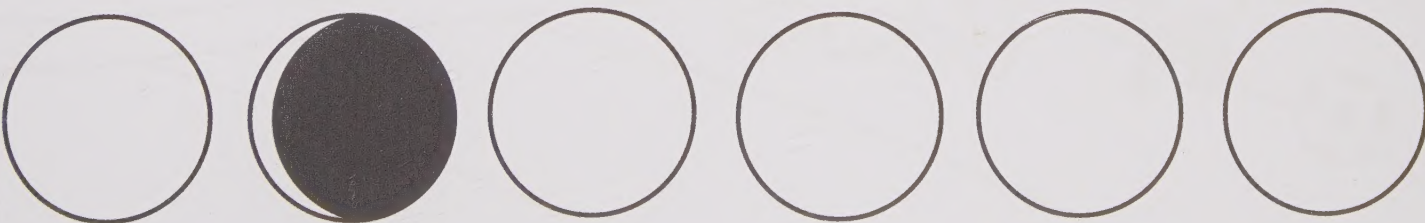
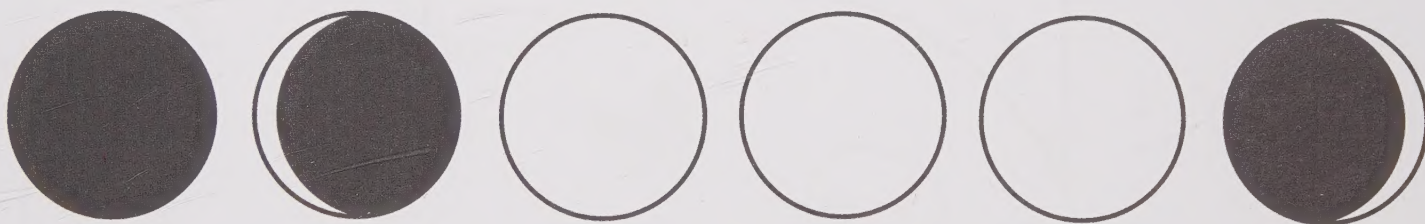
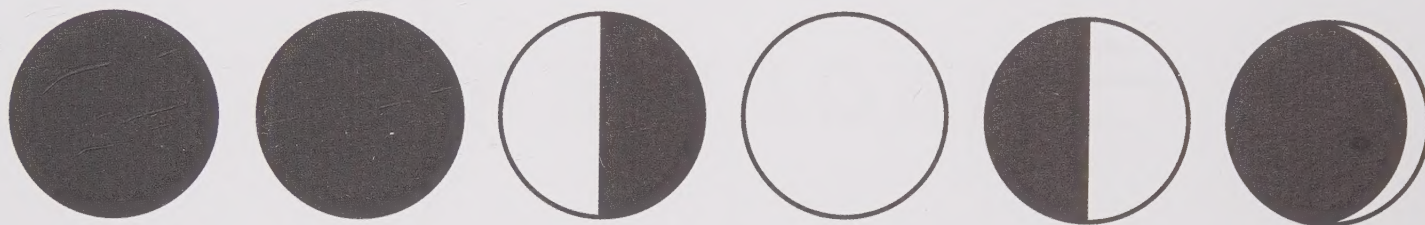
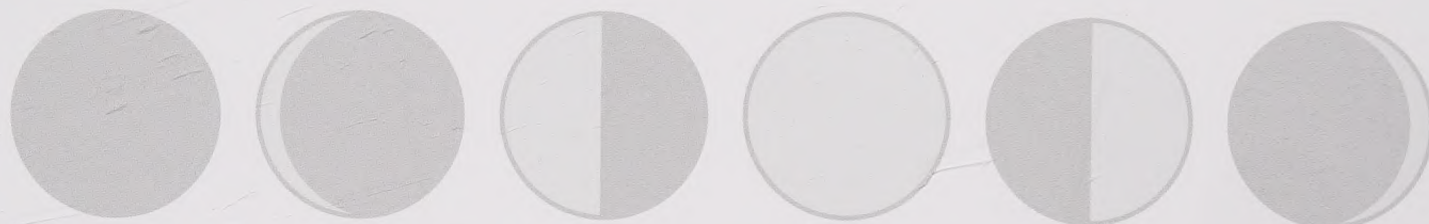
I've stuck the stickers in.



I've coloured the picture.

Ramadan Moon

Months in the Islamic calendar follow the movement of the Moon. A new month starts when the Moon is the shape of a crescent (☾). When it looks like this Ramadan will begin! First, study the six moon phases. Then fill in each line.



I've studied the first line carefully.



I've coloured in any missing parts in each line.



I've stuck the stickers in.

What is Fasting?

Fasting is one of the Five Pillars of Islam. It means not eating or drinking anything from early in the morning until evening. Muslims fast for the whole month of Ramadan. Hassan and his dad are fasting. What can they see?

Sawm



I've traced over the dotted lines.



I've stuck the stickers in.



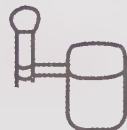
I've found 5 birds, 3 crescents, 2 footballs and 1 dog.



I've coloured the picture.

Do all Muslims Fast?

Some people do not have to fast. If you are sick, old, or a small child, you do not have to fast. You also do not have to fast if you travel a long way. Draw a circle around the people who do not have to fast.



I've traced over the dotted lines.



I've circled the people who do not have to fast.



I've stuck the stickers in.

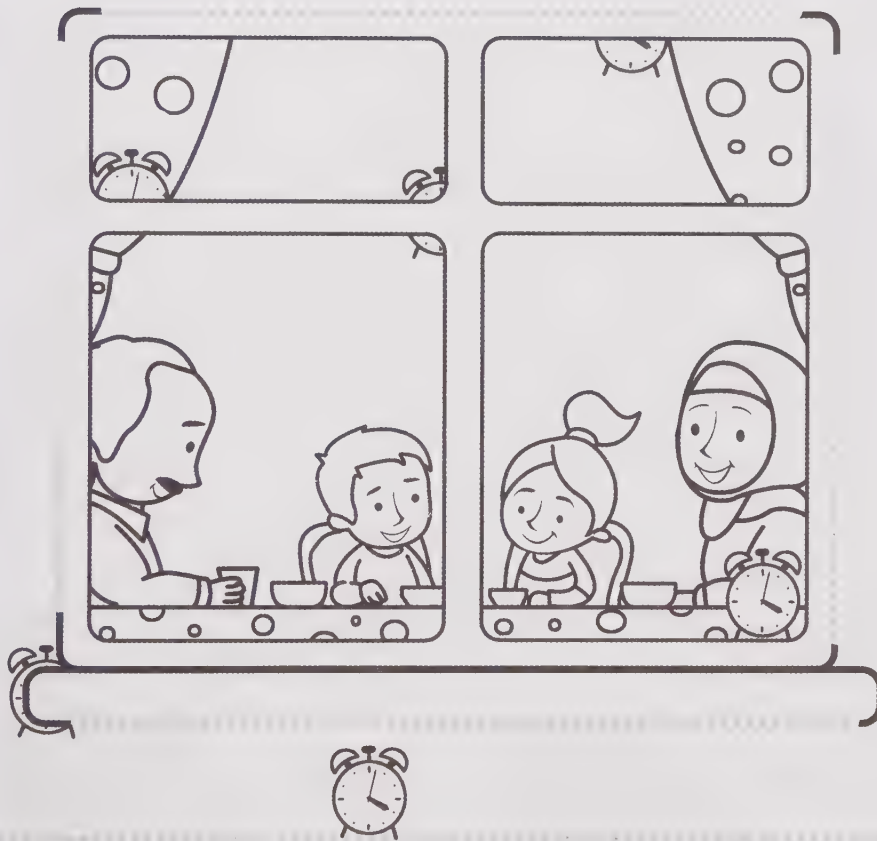


I've coloured the picture.

Sahur and Niyyah

A family is eating *sahur*, an early morning meal before the fast begins. Then they will make *niyyah* (an intention). In Turkey, drummers beat drums to wake people up. Would you use an alarm clock? See if you can find 10 alarm clocks in the picture.

Breakfast and Intentions



★ I've traced over the dotted lines.

★ I've found 10 alarm clocks.

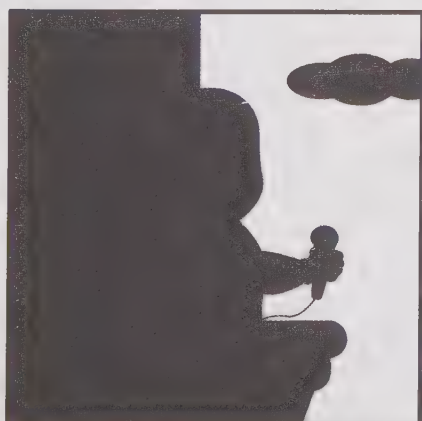
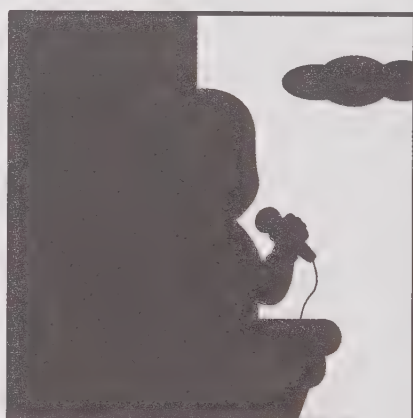
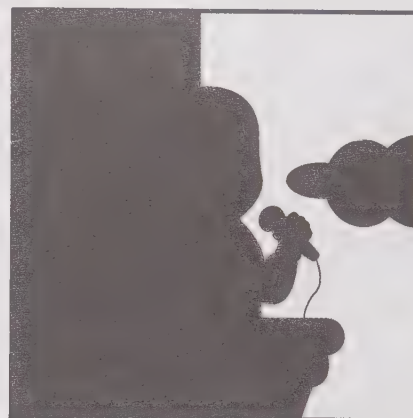
★ I've stuck the stickers in.

★ I've coloured the picture.

Imsak Time

Can you hear? The *muezzin* is calling the *adhan* (the call to prayer) for *fajr*. He is letting us know it is *imsak* time. Our fast has started and we must stop eating.

Stop eating



★ I've traced over the dotted lines.

★ I've found the picture's shadow.

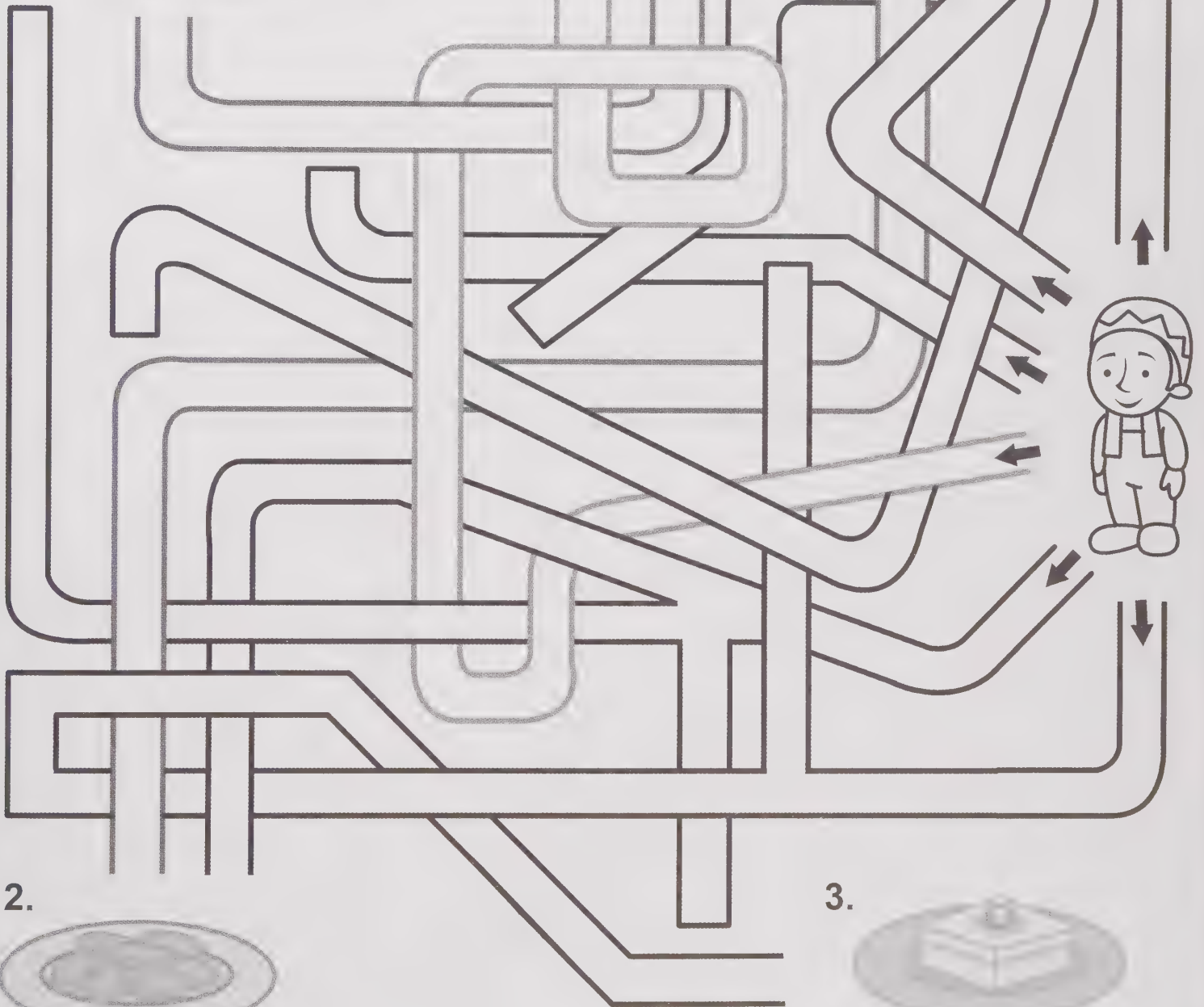
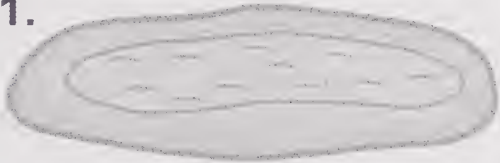
★ I've studied the big picture carefully.

★ I've coloured the picture.

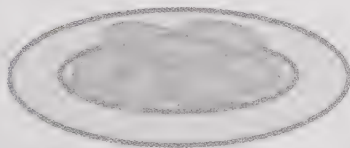
Tastes of Ramadan

Mmm! Ramadan is the tastiest time of year. We have fresh bread, dates and some yummy desserts. Adam is going to buy bread and dates before evening. A dessert is waiting for him at home too. Come on, help Adam get them.

1.



2.



3.



★ I've stuck the stickers in.

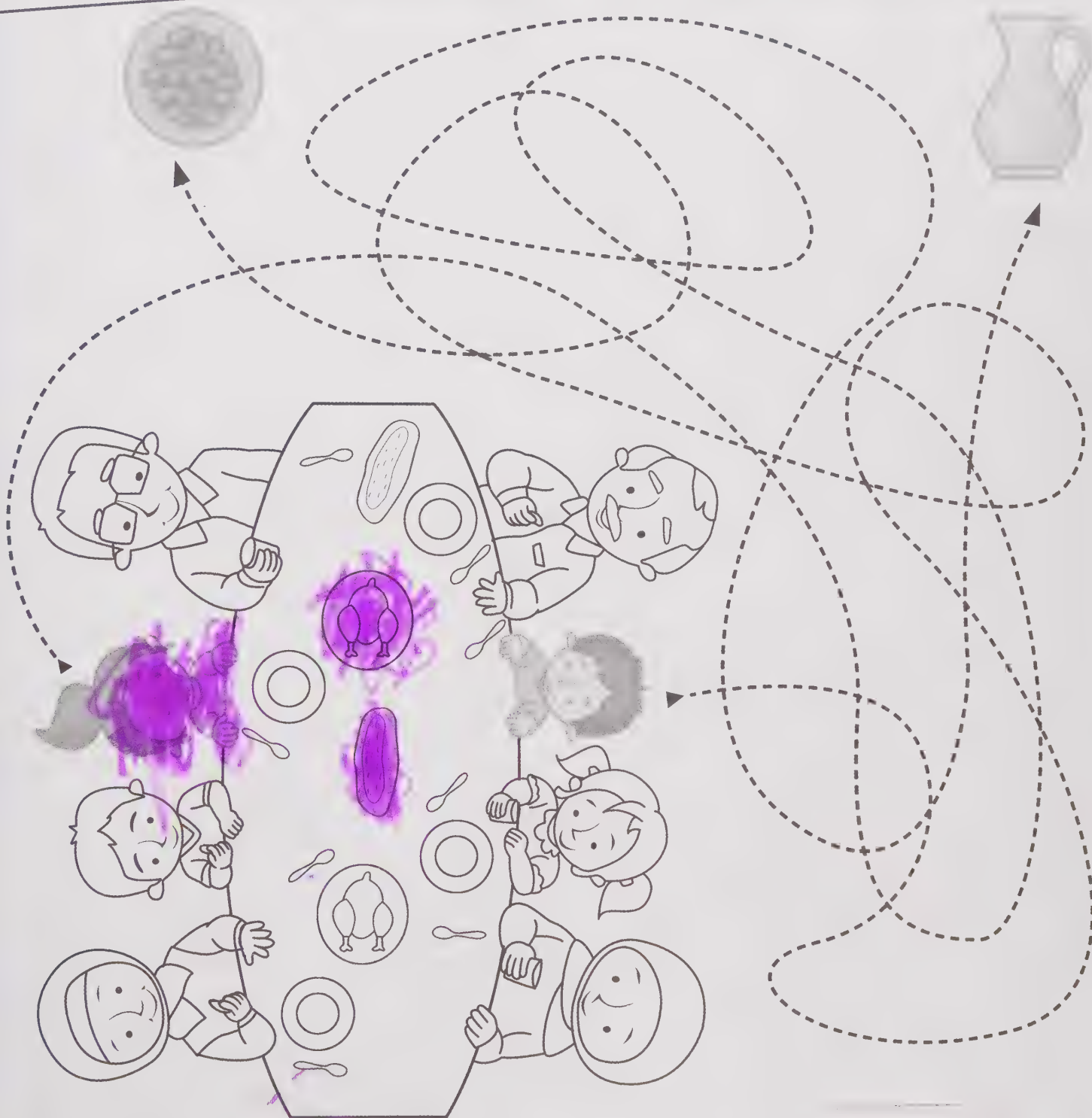
★ I've coloured Adam in.

★ I've lead Adam to the bread, dates and the dessert.

Iftar Time

The sun has set. Evening is here. It's time for *iftar*, the meal you eat to break your fast! It is best to drink water and eat dates first, just like the Prophet Muhammad*. What will Aisha and Ahmed have to break their fast?

Breaking your fast



★ I've traced over the dotted lines.

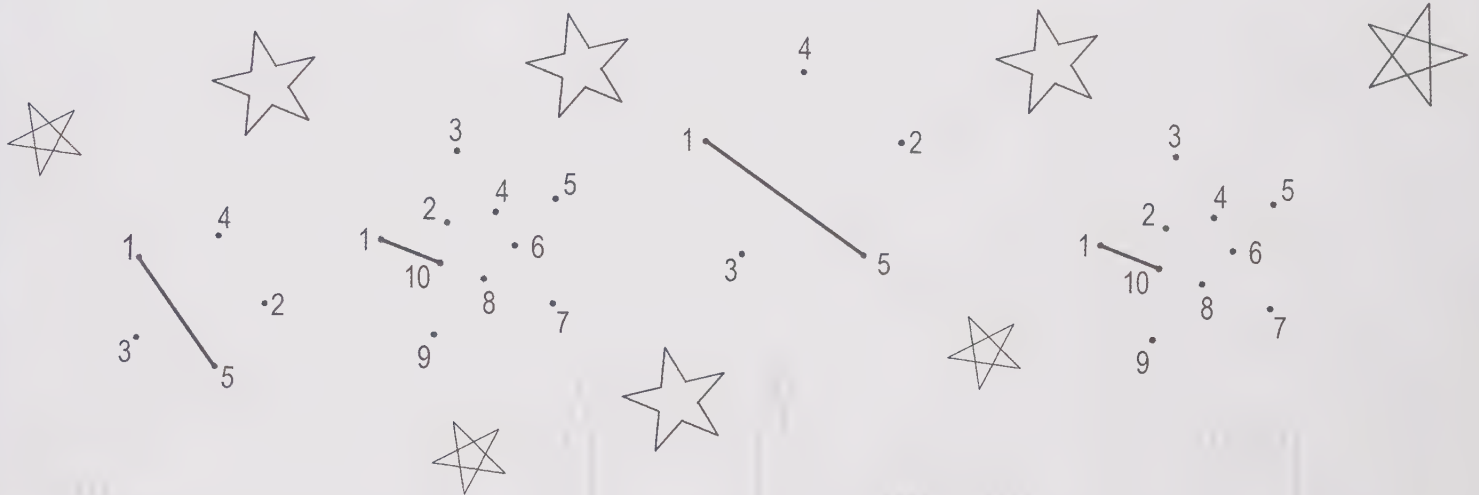
★ I've followed the dotted lines to find out what Aisha and Ahmed have first.

★ I've stuck the stickers in.

★ I've coloured the picture.

Be Good in Ramadan

This month is also a time to be good. To show kindness to your friends and family. To remember the Prophet Muhammad*. And to thank Allah for putting the stars in the sky and giving us food to eat.



I've traced over the dotted lines.



I've connected the numbered dots.



I've stuck the stickers in.



I've coloured the picture.

Visit the Mosque

Ali and Imran are visiting the mosque. They have just prayed to Allah. Now, it is time to eat. Ali and Imran hand out dates and water for *iftar*. Come and help them find seven odd things around the mosque.

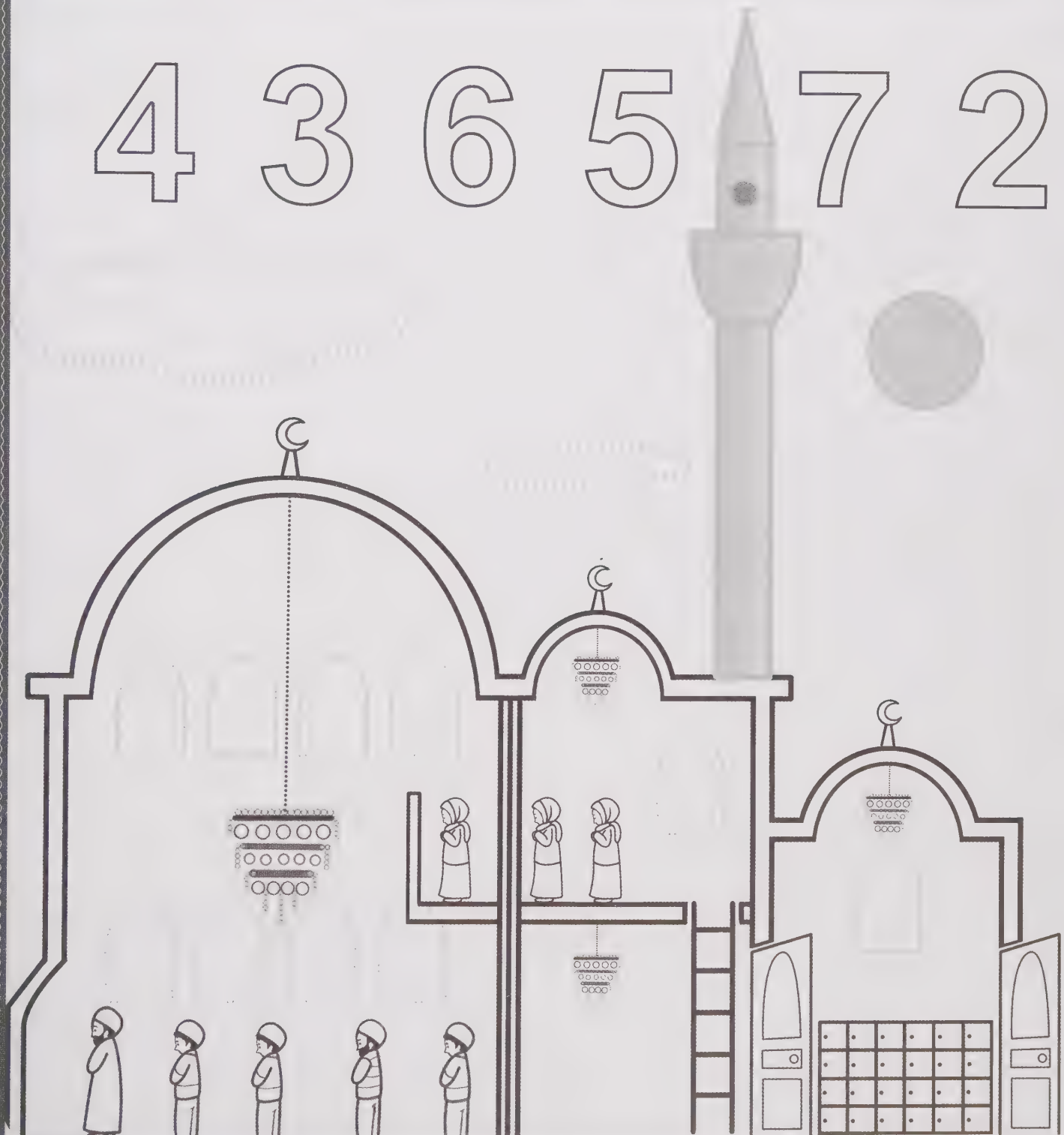


I've coloured the picture.

Tarawih

It's night time and the mosque is full of people. They are praying *tarawih*, a special prayer in Ramadan. It is prayed after the night prayer, *Isha*. Count the boys and girls in the mosque and colour in the correct number.

4 3 6 5 7 2



I've traced over the dotted lines.



I've counted the boys and girls and coloured the correct number.



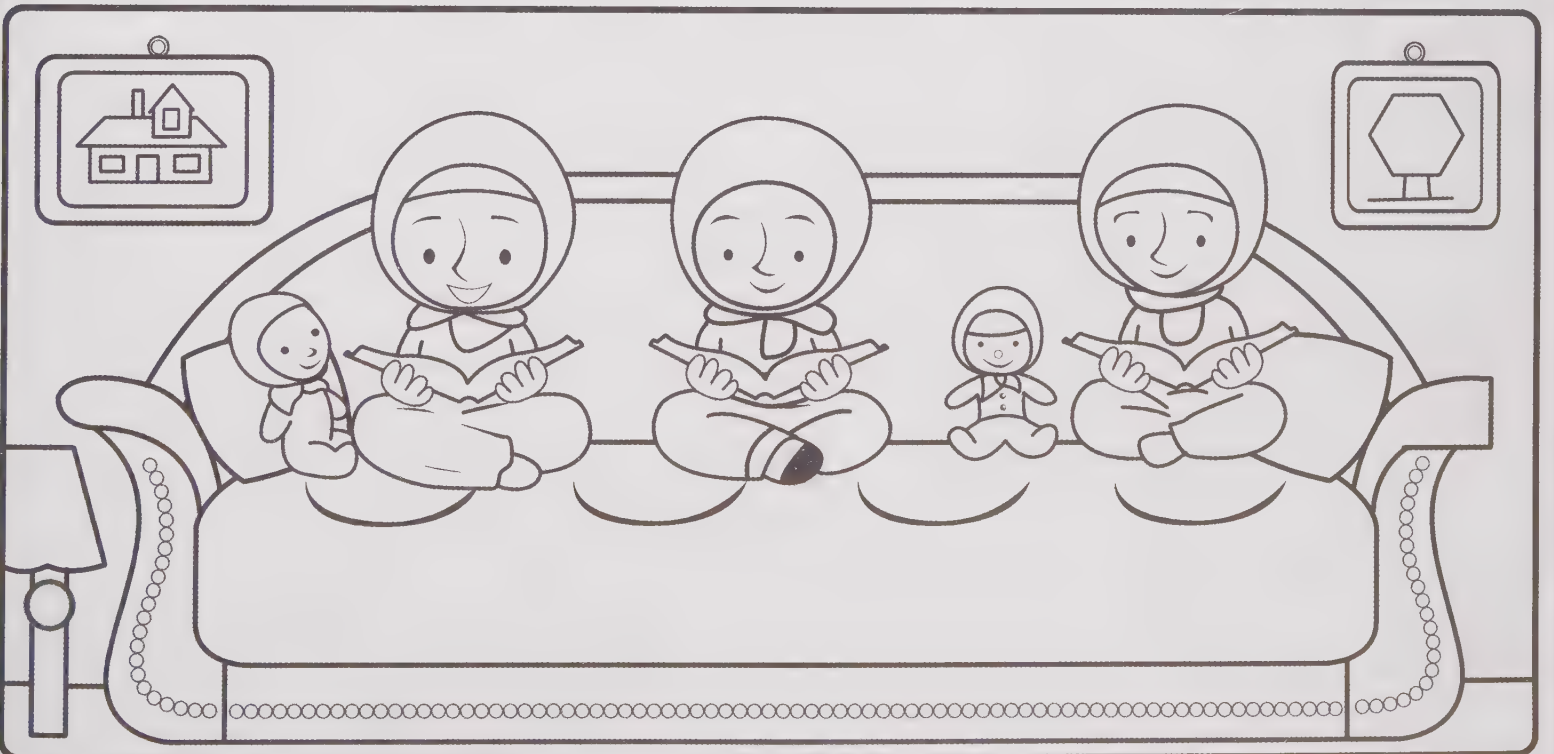
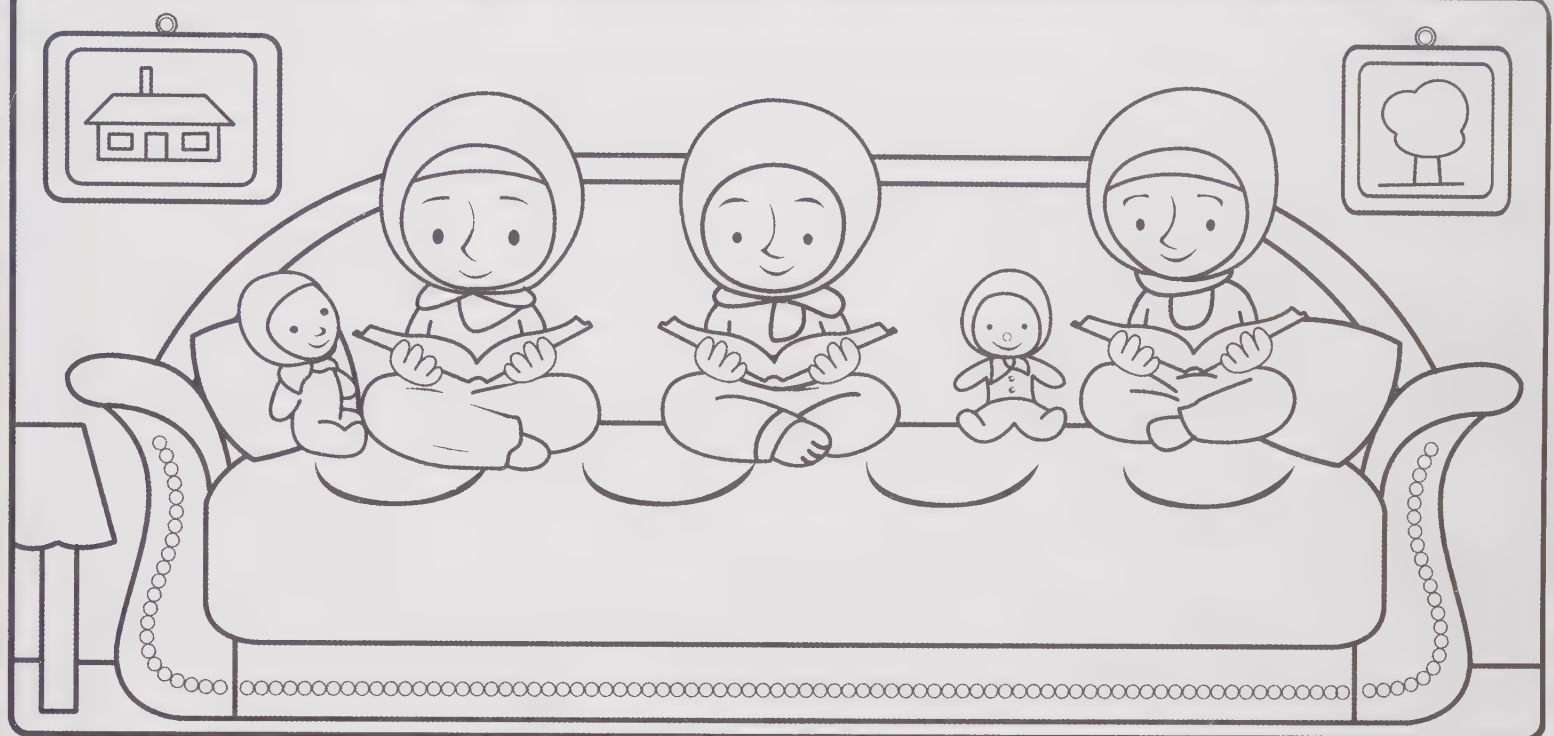
I've stuck the stickers in.



I've coloured the picture.

The Qur'an

Every day in Ramadan we should read the Qur'an. Each letter we read is rewarded by Allah. Imagine how many rewards a person will get if they finish the Qur'an. Finishing the Qur'an is called a "*khatam*".



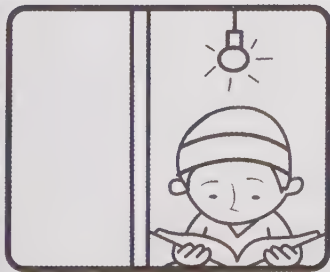
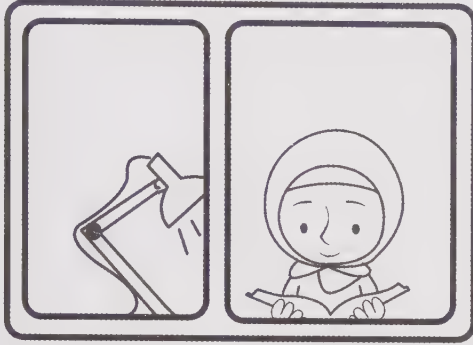
★ I've found 7 differences between the pictures.

★ I've coloured the picture.

Lailut-ul-Qadr

Towards the end of Ramadan there is a very special night. On this night, long ago, Angel Gabriel gave Prophet Muhammad Allah's message, for the first time. We stay up late praying and reading the Qur'an when it is Lailut-ul-Qadr.

The Night of Power



★ I've traced over the dotted lines.

★ I've looked at the circles and found where they are in the big picture.

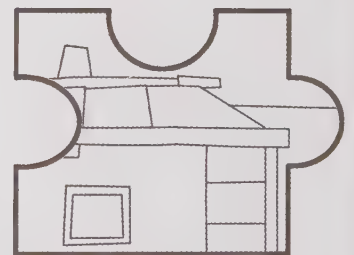
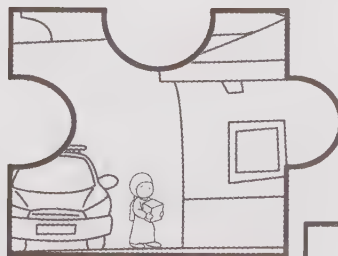
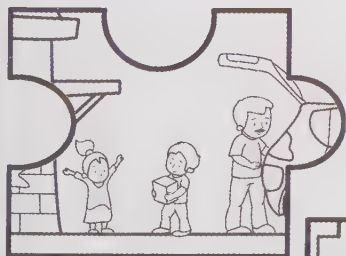
★ I've stuck the stickers in.

★ I've coloured the picture.

Zakah

Ramadan is a time to share what we have with people in need. Giving charity helps others and makes us happy. Look at the picture. Can you find the missing jigsaw piece?

Charity



I've traced over the dotted lines.



I've found the missing jigsaw piece.



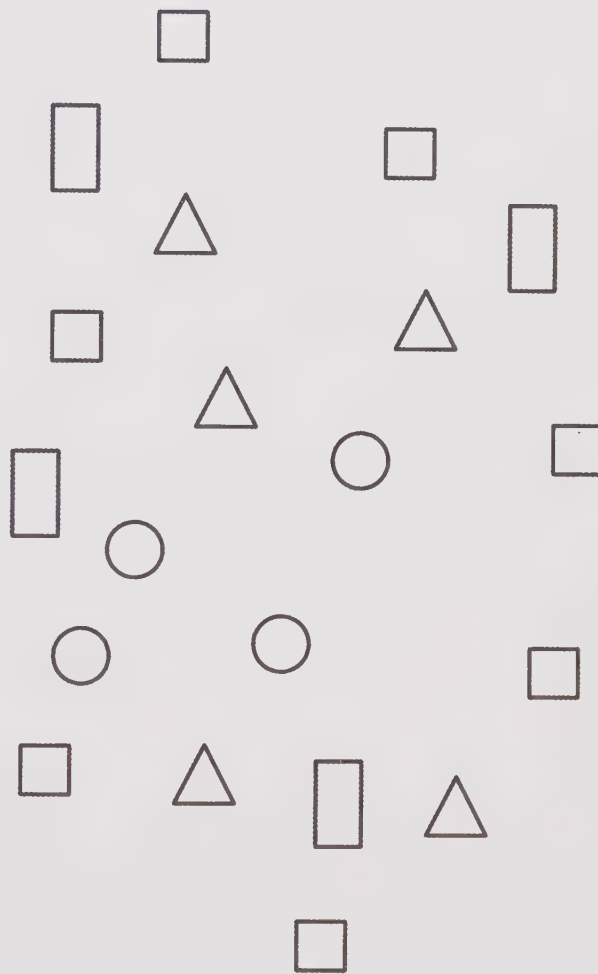
I've stuck the sticker in.



I've coloured the picture.

Eid al-Fitr

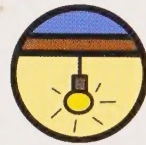
Ramadan has come to an end. It is sad when it is over but we are also very happy. Eid al-fitr is here. On Eid we pray at the mosque, eat with family, share gifts and wish each other "Eid Mubarak" (Happy Eid).



★ I've stuck the stickers in.

★ I've counted how many sweets are left.

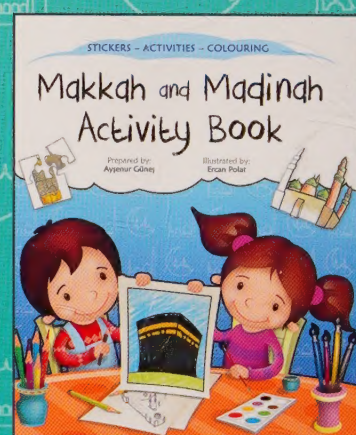
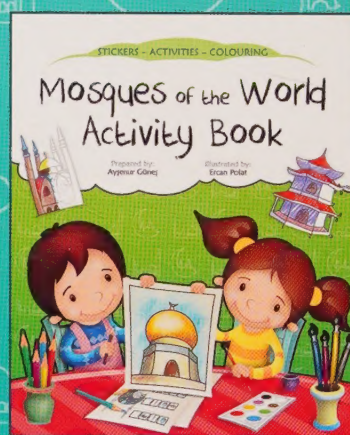
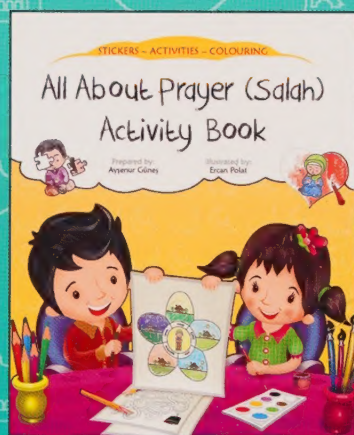
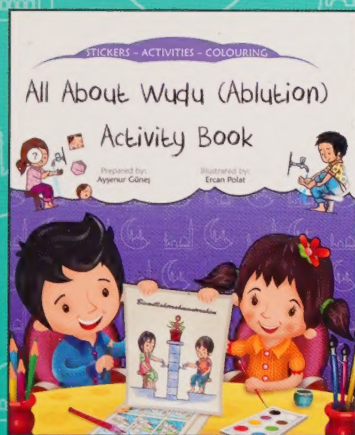
★ I've found each child's sweets.



Find out all about fasting and discover what makes Ramadan such a special time of year with this fun sticker activity book. Features dot-to-dot drawings, coloring fun, puzzles to solve and over 60 stickers to stick.



More Books In this Series



THE ISLAMIC FOUNDATION
United Kingdom



facebook.com/kubepublishing
twitter.com/Kube_Publishing
www.kubepublishing.com

